

Consent for Service

What to Expect

Congratulations, you have made a commitment to improve your health through nutrition and lifestyle management.

We are committed to helping you achieve your health goals by understanding your needs, personality, and medical conditions to create a unique nutrition plan. Please visit our website at AJobstNutrition.Com for more information about our background, philosophy of nutrition, and other services offered. Changing your lifestyle is a process that cannot be accomplished in one visit. Here is what you can expect:

Initial session (1-1.5 hours): Food and lifestyle assessment, along with goal setting. Please have the enclosed forms printed and available for visit.

Follow up sessions (30minutes- 1 hour): Evaluation of food selections, physical activity, and follow-up laboratory work. Reviewing goals, objectives and providing tools to continue to meet your long-term health goal.



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What to Bring

New Patient Paperwork: All paperwork can be found online- in this link- emailed. We encourage you to fill it out prior to your appointment. If you do not want to fill out the form online, please come 15 minutes prior to your appointment to complete it. You may submit an email to receive them via email. Then print them out and bring to your appointment.

Scheduling

You can make appointments through our online scheduling system [AJobstNutrition.Com](https://www.ajobstnutrition.com) or by phone at **973-420-3899**. To ensure that we the necessary paperwork, appointments should be made at least 72 hours.

Appointments start on time. If you are running late, your appointment time will be reduced so we can stay on schedule. However, you will be billed for the original appointment scheduled time. If you are more than 15 minutes late, you may be rescheduled and billed a **\$50**.

No Show/Canceling: There will be a **\$50 no-show fee charged** for all appointments not **canceled 24 hours prior** to your scheduled appointment.

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Communication

Communication is important and necessary, and that is why during our visits you will receive dedicated time and attention. We do understand that questions may arise outside of our scheduled time. In that instance, you can call (973)-420-3899 or email andrea@ajobstnutrition.com. Please note that emails and phone calls will be returned within 24 hours, Monday through Friday. We do not accept text messages as a form of communication. Our email system is HIPAA compliant, however your email may not be. If you choose to communicate through email, understand that the potential lack of security with your personal email address may not be secure and we strongly discourage the submission of medical information through non-secure methods.

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Acknowledgment

I understand that the Registered Dietitian at A Jobst Nutrition LLC are not physicians trained to diagnose and treat medical problems. I agree to keep the staff of A Jobst Nutrition LLC informed of any changes in my medical condition. Successful medical nutrition therapy and self-care education involve behavioral change. This change requires that I keep my scheduled appointments.

I also understand that the success I achieve in this program strongly depends on my ability to make permanent changes in my eating and exercise behavior. I agree to follow-up with the staff of A Jobst Nutrition LLC for scheduled counseling sessions as needed. I am aware that the staff makes no claims or warranties regarding the results I should obtain under their direction.

I do allow A Jobst Nutrition LLC to email me through the email address that I provided. Please note that your email account may not be secure and A Jobst Nutrition LLC is not responsible for ensuring HIPAA compliance when personal, work, or any email address(es) are provided as a method of communication.

Print Name

Date

Signature